



KIDPOWER TEENPOWER FULLPOWER

Teaching people of all ages and abilities to use their power to stay safe, act wisely, and believe in themselves!

TEENPOWER Personal Safety Workshop for Youth With Support for Families of Children with Disabilities & the ITOP Youth Council

Tuesday, December 4, 2007 4:00 PM – 6:00 PM

2601 Mission Street, Room 606

San Francisco, CA, 94110 @ 22nd Street

Thank you to the San Francisco Foundation for providing funding!

TEENPOWER works with participants and staff to identify everyone's strengths and then enables them to practice how to use those strengths to keep themselves safe.

Give your teen the opportunity to take advantage of this special grant-funded program!

This special program will:

- focus on what students CAN do, not what they can't do;
- offer a safe, success-based environment for 'learning by doing';
- provide role-play situations that explore familiar problems and give students the chance to practice preventing, avoiding, de-escalating, or getting away from them; and
- develop powerful skills without overwhelming students with scary stories or images.

Each student will be coached through step-by-step practices of skills including:

- being and acting aware, calm, and confident;
- moving away from potential danger, especially if they are on their own;
- setting respectful powerful boundaries;
- staying safe from bullying or verbal attack; and
- being effective and persistent in getting help.

"My son has a developmental disability. He is proud of his new job, and he does good work, but he is sometimes harassed on the bus and sometimes by the customers. TEENPOWER gave him the skills and the confidence to stay safe and to get help."

"KIDPOWER TEENPOWER FULLPOWER provides developmentally appropriate, respectful, effective training to build skills that can help keep our students safe."

Nancy Myers, Special Education Local Plan Area of Monterey County Program Specialist

To register contact John Weber (415) 282-7494 ext. 20 or email jweber@supportforfamilies.org
Please join us! We encourage youth and their siblings to join us. The more that a family has a common language around personal safety, the safer everyone becomes.